

Westampton / Mt. Holly / Eastampton Recreation Present:



www.TumblinTots.net

Our "Adventures in Exercise" make fitness fun for children. With exercise hidden within play based activities your child will build motor skills and coordination while having fun and developing social skills. Activities include weekly greeting and stretch, cardio warm ups with props and music, obstacle courses and games, parachute play and more! In a non-competitive setting we encourage listening and cooperation and it is our goal to see that each child experiences feelings of success during each class leading to improved self-esteem and confidence.

8 week session: \$70.00

Session runs Monday, September 20th – November 15th (no class 10/11)

Tumblin' Tots Class for 2 & 3 year olds

9:30 – 10:15 OR 1:00 – 1:45

Adventures in Exercise Class for 4 & 5 year olds

10:30 – 11:15 OR 1:45 – 2:30

Parents are required to stay with child and participate when necessary.
No cell phones during class please.

Classes will be held at the Recreation Center - 50 Springside Road,
Westampton

Pre-registration is required due to limited class size!

Mail registration form & payment to:
207 Derry Hill Court – Mount Laurel, NJ 08054

Circle Session Time: 9:30 / 10:30 / 1:00 / 1:45

Name of Participant _____ Age ____ Birth date _____

Boy _____ Girl _____ Parent/Guardian Name _____

Address _____

Phone _____ E-mail _____

I, _____, give permission for my child, _____, to participate in the Tumblin' Tots Children's Program. I understand that participation in any physical activity involves inherent risk and that even when safety precautions are utilized, injuries can occur. I hereby release Tumblin' Tots LLC, its employees, staff and volunteers from all claims, including bodily injury, which may be sustained in connection with participation in this program. I give Tumblin' Tots LLC permission to have my child appear in media and understand this is for the professional use only of Tumblin' Tots LLC.

Name of Parent/Guardian: _____

Signature of Parent/Guardian: _____ Date: _____

Visit www.westampton.com or www.tumblintots.net for future session info.