

RANCOCAS VALLEY YOUTH WRESTLING ASSOCIATION

member of the Grapevine League

Rancocas Valley Youth Wrestling Association (RVYWA) is proud to be a member the Grapevine Wrestling League. All teams follow the rules and guidelines of the Grapevine Bylaws. The focus of the league is to create an atmosphere for youth wrestlers to learn the sport of wrestling and to compete based on age and skill level.

RVYWA registration is open for children ages five to fourteen, regardless of previous experience. Our coaches will teach the skills needed to gain knowledge into this rapidly growing sport. Their understanding and experience bring insight into the importance of learning the positive healthy basics of competitive sports. Wrestling is like no other sport and provides a unique opportunity for children to utilize physical and mental skills in a way that is both challenging and rewarding. Learn the value of individual improvement, good sportsmanship and one on one competition while training with others and building lifelong friendships.

The core value of RVYWA is to develop sportsmanship and encourage the continued participation in the sport of wrestling.

RVYWA REGISTRATION FOR THE 2010 SEASON

Rancocas Valley Regional HS Gym Lobby

Tuesday October 13, Thursday October 15 7:00 PM – 8:00 PM

Tuesday October 20, Thursday October 22 7:00 PM – 8:00 PM

Westampton Township Building

Saturday October 17, 10:00 am – 12 noon

Registration Cost for One Wrestler - \$95

Registration Cost per Family - \$145

(two or more wrestlers per family)

Practices begin Tuesday, December 1, 2008

Rancocas Valley Regional High School

Wrestling Room

520 Jacksonville Road

Mt. Holly, NJ

Tuesdays, Thursdays and Fridays

*** Split Sessions ***

1st Session: 1st year wrestlers and ages 7 and under - 6:00 pm – 7:00 pm

2nd Session: Experienced Wrestlers – **as determined by coaches** 7:00 pm – 8:00 pm

For any questions or information call: 609-560-2894

Or

Email: mitchnancyj@comcast.net